



Dear Crete Family,

In an effort to ensure we provide our students with the greatest chance of academic success, we are constantly seeking out ways to improve our students' learning.

Through our partnership with Hiya Health, we offer vitamins to all students which will support them with focusing, increasing brain activity and reaching their full academic potential. Hiya is a daily chewable made with 12 organic fruits and veggies, with no added sugar, no dyes, and no preservatives.

It has 15 essential vitamins and minerals, including Zinc, Vitamin D, b12, manganese, and eleven more vitamins and minerals— each individually sourced for optimal potency and known to support immunity, mood, concentration, and development— all essential for kids today. Please see a full list of ingredients on the next page.

If you are interested in allowing your child to consume Hiya Health gummy vitamins while at school, please sign the bottom portion of this letter and return to the school office.

Thank you,

Hattie Mitchell, Founder of Crete Academy

Student's Name Grade Level

Parent's Name Parent's Signature Date

Supplement Facts

30 servings per container

Serving size: 1 Tablet (1g)

	Amount Per Serving	% Daily Value children 2-3 years	% Daily Value children ≥ 4 years
Total Carbs.	<1g	<1%*	<1%**
Total Sugars	0g	†	†
Vitamin A (as retinyl palmitate and 46% beta-carotene)	360 mcg	120%	40%
Vitamin C (as calcium ascorbate and acerola fruit)	40 mg	267%	44%
Vitamin D (as vegan cholecalciferol)	25 mcg	167%	125%
Vitamin E (as d-alpha-tocopherol from sunflower oil)	3.5 mg	58%	23%
Thiamin (as Vitamin B1 & from organic quinoa sprouts)	0.5 mg	100%	42%
Riboflavin (as riboflavin & from organic quinoa sprouts)	0.6 mg	120%	46%
Folate (as L-5-MTHF-Ca & from organic quinoa sprouts)	200 mcg DFE	133%	50%
Vitamin B12 (as MeCbl & from organic quinoa sprouts)	2 mcg	222%	83%
Biotin (as biotin & from organic quinoa sprouts)	25 mcg	313%	83%
Pantothenic acid (as Vitamin B5 & from organic quinoa sprouts)	2.5 mg	125%	50%
Calcium (as calcium carbonate)	20 mg	3%	<2%
Iodine (as potassium iodide)	50 mcg	56%	33%
Zinc (as zinc citrate)	3 mg	100%	27%
Selenium (as selenomethionine)	15 mcg	75%	27%
Manganese (as manganese citrate)	1.5 mg	125%	65%
Fruit and Vegetable Blend:	25 mg	†	†
Organic Apple, Organic Beet, Organic Blueberry, Organic Broccoli, Organic Carrot, Organic Green Cabbage, Organic Kale, Organic Parsley, Organic Raspberry, Organic Spinach, Organic Strawberry, Organic Tomato			
Vitamin K2 (as menaquinone-7)	8 mcg	†	†

* Percent Daily Values (DV) are based on a 1,000 calorie diet.

** Percent Daily Values (DV) are based on a 1,000 calorie diet. † Daily value not established.

hiya™

OTHER INGREDIENTS: Sweetener blend (mannitol, monk fruit extract), plant cellulose blend, coconut oil powder, natural flavors and color (beet root, turmeric root, and spirulina), vegetable stearic acid, organic rice hull concentrate, malic acid, and vegetable magnesium stearate